



Welcome to **HOLIDAY COACHING CLINICS** with
Tennis For Kids! Here's some useful
information to help your child get the most out
of our School Holiday Coaching Clinics.



What does my child need to wear?

Your child can wear cool comfortable clothing (or tennis attire) and a comfortable pair of sneakers/non marking shoes. We also recommend a wide brim hat (their school hat is fine) and the application of sunscreen prior to leaving home.

What does my child need to bring?

Please ensure you pack your child's tennis racquet, lots of water (preferably 2 water bottles!) and lots of little snacks. Please don't let your child bring money, jewellery, watches or expensive toys that could be lost or broken!

What happens in a typical session?

Depending upon your child's age and tennis experience, our holiday clinics integrate technical coaching, games and matchplay. There will be sessions on scoring and good sportsmanship as well as lots of fun activities which work on balance, coordination, speed and agility. Our coaches rotate between high intensity and lower intensity activities and ensure there is plenty of breaks in the shade throughout the program.

Can friends or family stay and watch?

Yes, absolutely. Parents are encouraged to watch and we also find it helps younger children if their parents walk them to the court for the first session. However, do not feel obliged, there is no requirement for parents to stay.

Keep in mind, sessions will start and finish at the allocated time and our coaches cannot be responsible for children before sessions start or after sessions are completed.

What if it rains?

Each school location has a different rule for wet weather. Where possible we move the session to an undercover area in the school, while other times we simply have to cancel the days session and organise a refund.

If the location cannot accommodate us in wet weather and wet weather is looking likely, a decision will be made one hour before the session is due to start. Where possible all parents will be sent an SMS text confirming whether the session is proceeding or being cancelled. Please call 0408 187 741 if you want an update on whether the session will be going ahead.

What happens if my child is sick or can't make their lesson?

You can email info@tennisforkids.com.au or call us on 0408 187 741 to let us know your child will not be present. Unfortunately no refunds or make-up sessions will be provided for non-attendance as our clinic numbers are capped.

tennisforkids.com.au
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