



AGE 3-5
 Fundamental and Perceptual Motor Skills (FPMS)
LAUNCH PAD STAGE



KINDER TENNIS HOT SHOTS

Our Kinder Tennis Hot Shots program is generally suitable for children aged 3 to 5 years.

Kinder Tennis is a great way to introduce young children to organised

activities and improve coordination. Classes are only 30 minutes and parents are welcome to join in on court.

Kinder Tennis classes use large soft foam balls and low compression red tennis balls that are much easier to hit than conventional tennis balls. Other specialised equipment including lighter racquets, modified courts and small nets mean basic tennis skills can start being introduced to children at the age of 3 or 4 years of age.

The focus in these classes is on having fun and helping children to develop basic motor skills, balance and ball tracking capabilities. Although the program is play based fundamental tennis strokes are introduced giving Kinder Tennis participants a flying start to their tennis career!



For **ANZ HOT SHOTS** lesson times and pricing at your school go to www.tennisforkids.com.au or call us on **0408 187 741** for more information.

