





ANZ RED BALL HOT SHOTS

Our Red Ball Hot Shots program is generally suitable for children in Prep, Grade 1 and Grade 2.

Red Ball Hot Shots is a great introduction to tennis, teaching all the fundamentals of tennis

in a fun, play based environment.

Our Red Ball Hot Shots program focusses on improving motor skills and coordination as well as introducing basic tennis technique. Through games and activities players will learn movement, throwing, catching, tracking and ball striking. Tennis technique will be taught prioritising correct grips and swing shape for forehands, backhands and volleys.

At Tennis For Kids we use specialised equipment including lighter racquets, modified courts and small nets to help kids have more fun and success. The Red Balls are larger and much softer than a standard tennis ball. This means Red Balls don't bounce as high or move as fast, making them easy to hit.







For ANZ HOT SHOTS lesson times and pricing at your school go to www.tennisforkids.com.au or call us on 0408 187 741 for more information.



EMAIL: info@tennisforkids.com.au PHONE: 0408 187 741