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THE GAP
**health &
racquet**



Private & Semi-private Coaching

Private and semi-private coaching is available for adults and children.

Private and Semi-Private Lessons are suitable for adults or children looking to rapidly improve their tennis. Many of our adult players share a semi-private lesson with a friend while some of our best junior players receive both private lessons as well as group lessons each week.

One-on-one (private) or one-on-two (semi-private) sessions allow for detailed and specific stroke analysis and also give participants an opportunity to work on their fitness. This lesson format provides for dramatic improvements in short periods of time and is the ideal way to prepare children and adults for competitive tennis.

Private and semi-private lessons are only available on request and heavily dependent upon coach availability.

Prices may vary depending upon the coach's experience and qualifications. If you are interested in private or semi-private lessons please contact us directly to discuss your requirements in more detail.



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Questions?

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